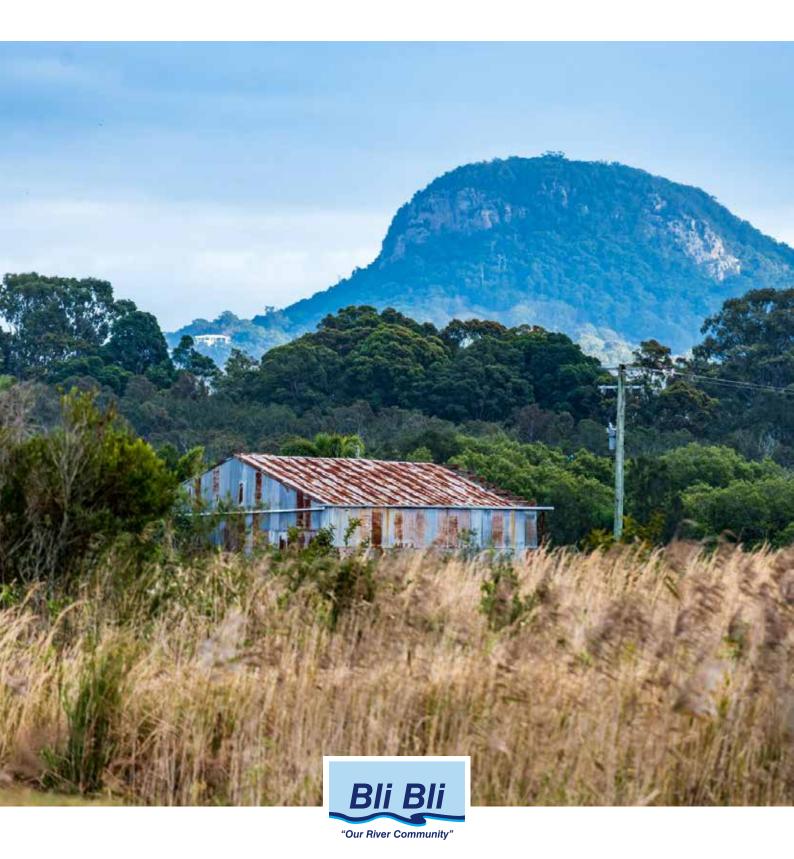
BULLETIN ISSUE 46 I SPRING 2022





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Bli Bli

"Our River Community"

The Bli Bli Public Hall & Community Association Inc is the parent organisation of Bli Bli's own local Magazine, distributed FREE to Bli Bli and the surrounding district.

PO Box 1, Bli Bli 4560

ADVERTISING ads@blibli.qld.au

Editorial contributions welcome editor@blibli.qld.au

Bli Bli Public Hall & Community Association Inc Meetings 7.30 - 9.00pm

Third Tuesday each month Bli Bli Public Hall

All Residents are welcome. secretary@blibli.qld.au

Hall Bookings & Old Church Bookings: 0427 635 558

bookings@blibli.qld.au

Business Number 22132715

Design and Print BrandGrowth - 0431 771 059

Front cover image -Karen Simpson's Photography

A message from THE BLI BLI COMMUNITY ASSOCIATION

A regular topic of conversation at our Community Meetings is the continued challenge of traffic congestion. Despite numerous approaches to TMR North Coast Region in respect to various issues, it is clear they have no plan at all to solve any of the problems and are always happy to deflect any issues to Council despite being state roads. In an attempt to get a better understanding of how to address some of the issues, Prue Oswin a traffic engineer with Sidelines Traffic a local consulting firm addressed our meeting in July. Prue's main focus was on walking and cycling infrastructure and the connectivity between areas and how to design safe ways to cross the busy roads. Further consultation will be occurring over the coming months in respect to this topic.

Following an initial enquiry at one of our community meetings regarding the possibility of community gardens in Bli Bli, a group of local residents have been meeting to explore the idea. Plans are well under way for a community garden to be established in Bli Bli, so if you are interested at all in becoming involved then you can direct any enquiries to the secretary@blibli.qld.au

Given the popularity of the Hall and Old Church as a meeting space, additional space is required. So we have just completed enclosing storage areas for the use by regular hirers which should be a wonderful addition to the Hall. We are also hoping to complete the painting of the Old Church by the end of the year as unfortunately the last painting effort didn't last as long as planned.

This edition highlights a fair bit of activity in our local community with contributions from our regular contributors. Should you have a story that may be of interest to the wider community, then please fell welcome to get in contact with us.

The Bli Bli Community Association acknowledges the continued support received from the Sunshine Coast Council by its grants program.



Proudly supported by Sunshine Coast Council's grants program

Next edition for Summer closes for submissions to the editor and advertising on Monday 14 November 2022

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WHITE'S GROCERS:



An update from your

LOCAL STATE MEMBER, DAN PURDIE MEMBER FOR NINDERRY

UPCOMING MAINTENANCE ON BLI BLI BRIDGE

Thanks to local resident John, who recently flagged some significant corrosion on the pedestrian guard rails on the Bli Bli bridge. TMR have since inspected it, and will be replacing a number of sections in need of repair in coming weeks.

Just a reminder that if you do come across any issues or hazards on state-controlled roads to let me know, or contact TMR directly on 13 19 40.

GAMBLING GRANTS

The next round of the Gambling Community Benefit Fund is now open, and closes on 31 October. This round is a standard grant round of up to \$35,000, following two super rounds earlier this year.

If you are a part of a local community or sports club, I encourage you to become familiar with the application process, as it's a great opportunity for not-for-profit to secure valuable funding. For more information visit www.justice.qld.gov.au/initiatives/community-grants

MAROOCHY RIVER ROWING- 10 YEARS AND GOING STRONG

Congratulations to the Maroochy River Rowing Club on their recent 10th birthday celebrations. This local club is a breeding ground for talent, having produced many champion athletes, and continues to go from strength to strength.

Thank you to all those residents who dropped by my Mobile Office outside Whites IGA recently. If you couldn't make it down, feel free to contact me at any time, either via email ninderry@parliament.qld.gov.au, or phone 5406 7900, to make an appointment or discuss an issue.

I look forward to hearing from you soon.

Dan Purdie MP Member for Ninderry

CONGRATULATIONS TO THE MAROOCHY RIVER ROWING CLUB ON THEIR RECENT 10TH BIRTHDAY CELEBRATIONS. THIS LOCAL CLUB IS A BREEDING GROUND FOR TALENT, HAVING PRODUCED MANY CHAMPION ATHLETES, AND CONTINUES TO GO FROM STRENGTH TO STRENGTH.





Councillor Maria Suarez Division 9

Environment and Liveability Portfolio

Phone: 07 5475 9810 Mobile: 0437 794 703 Email: maria.suarez@sunshinecoast.qld.gov.au

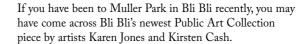
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sunshinecoast.qld.gov.au

Aword from

CR MARIA SUAREZ DIVISION 9 - SUNSHINE COAST COUNCIL

NEW PUBLIC ART



The work titled, The Knowledge Continues celebrates, not only our First Nations culture, but the talent and artistry of our First Nations people to share the story of this place, merging our history with our contemporary community.

The artwork is installed near the edge of the Maroochy River and invites you to sit, watch the river and reflect on the symbols featured on the artwork.

In collaboration with Kirsten Cash, this public artwork by Kabi Kabi artist, Karen Jones is the first time her work has been showed in a public space and I was proud to be able to fund the project with discretionary divisional funding. Kabi Kabi artist Karen Jones has designed symbols of shells, Mullet, crabs, She-oak, Golden wattle, Hops bush and mangroves that are connected through lines over the work. These are all significant elements of the land along the river's edge and home to many shell middens, identifying a long history as a place to meet, gather and feast.

Muller Park and surrounds has been, and continues to be, a meeting place for First Nations peoples and our contemporary community.

The timber form represents the subtle shape of an upturned canoe you may see along the water's edge, as well as a seedpod as a symbol of the continuing generational knowledge that is passed on through families and community.

It is believed that the name Bli Bli was derived from the Kabi Kabi/Gubbi Gubbi word bilai, meaning She-oak tree.

Also featured is the Mud Crab that thrives in the mangroves rich environment and traditionally one of our First Nations peoples' daily food sources.

Kabi Kabi peoples also knew when the Hops bush is in flower, the oysters are ripe; and when the Golden wattle is in bloom, it is Mullet season. The Knowledge Continues celebrates our place and environment, our history and our people.

You can view the public artwork in Muller Park off David Low Way, RI: RI:



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Sunshine Coast

BLUE CARBON GRANT

I was pleased to find out that Sunshine Coast Council and its grant partners were successful in securing \$2 million in funding through the Commonwealth Government's Blue Carbon Ecosystem Restoration Grants for the Blue Heart project.

Blue Carbon is carbon that is stored in marine and coastal ecosystems and includes carbon stored in the bodies of plants and animals as well in debris and soil.

As Blue Carbon 'farming' is a potential economic opportunity for Blue Heart private landholders, the grant funding provides a timely opportunity to demonstrate Blue Carbon restoration and its benefits.

HOW TO USE YOUR GARDEN ORGANICS BINS

When you recycle your garden waste, it gets turned into mulch – creating a new life out of the old!

Free coarse mulch is available at most Sunshine Coast waste facilities. Please check stock availability and quantity limits on our website.

However, the high quality of your mulch depends on the right things going in.

So please only put grass clippings, small branches and twigs, leaves, weeds, garden prunings and old flowers in your garden bin.

As always, please contact council direct for any service requests such as road hazards, graffiti, dumped rubbish, parking, parks, potholes, roads, trees and waste collections. Contact details or service request forms are available at www.sunshinecoast.qld.gov.au or call 5475 7272

If you have any other issues or suggestions to discuss, please contact me on 5475 9810 or maria.suarez@sunshinecoast.qld.gov.au.

Cr. Maria Suarez
Division 9 - Sunshine Coast Council

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Amessage from

TED O'BRIEN -FEDERAL MEMBER FOR FAIRFAX

Phone: 5479 2800 Email: ted.obrien.mp@aph.gov.au Web: www.tedobrien.com.au

Mail: PO Box 1978, Maroochydore QLD 4558

NEW POSTING BOX FOR PARKLAKES

Thanks to the persistence of a local resident Yolane Borchardt, the Parklakes estate now has a brand-new Australia Post Street Posting Box (SPB) installed, conveniently on Parklakes Drive near the café and bottle shop.

Before this, the nearest place for Parklakes residents to post letters was at the Post Office in Bli Bli, which is more than 2km away (Australia Post's recommended distance for access to a lodgement point).

My office raised this with Australia Post in May and the new SPB was installed in July. Well done Yolane!

SPRING ROAD TRIP

After spending a few days traveling interstate as part of my 'listening tour' as Shadow Minister for Climate Change & Energy, I'm looking forward to catching up with local residents at my quarterly road trip around the Fairfax electorate.

I've been hearing that businesses everywhere are facing workforce shortages, high power bills and supply chain issues. Cost-ofliving pressures are also being felt by households across the country, with skyrocketing power bills a major concern.

Please come along to one of my pop-up offices and let me know your views and concerns:

Thursday 1st September

7.45am – 9.00am near Coolum Beach Surf Lifesaving Club, David Low Way, Coolum Beach

3.45pm – 5.00pm near Westpac Bank, Horton Parade, Maroochydore

Friday 2nd September

7.45am – 9.00am Buderim Village Park, Cnr King St & Church St, Buderim

3.30pm – 5.00pm Opp RSL, Railway Bridge Park,

Coronation Ave, Nambour

Saturday 3rd September

7.45am – 9.00am Cnr Fisherman's Rd & Bradman Ave, Kuluin

LOCAL SPORTING CHAMPIONS

Congratulations to Mackenzie Burns of Maroochy River for participating in the Australian Swimming Championships in Adelaide recently. Mackenzie was one of 37 young sportspeople in Fairfax to receive grants of between \$500 and \$750 to help towards the cost of travelling to state, national and international championships.

Applications are now open for the next round of local sporting champion grants. Apply online at: www.sportaus.gov.au/ before 30 September.







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RESIDENTS OF BLI BLI AND INVOLVED IN THE LOCAL COMMUNITY



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local volunteer firey RECOGNISED DURING

RECOGNISED DURING RURAL FIRE SERVICE WEEK

LOCAL RURAL FIREFIGHTER KEVIN GUYER'S
IMPRESSIVE SERVICE RECORD OF 22 YEARS
(AND STILL COUNTING) WAS ACKNOWLEDGED
RECENTLY AS PART OF RURAL FIRE SERVICE WEEK.

Ninderry MP Dan Purdie presented Mr Guyer with a special service certificate to honour his achievement, which was also celebrated by his fellow volunteers at Bli Bli District Rural Fire Brigade.

For many years, Kevin took on an additional role to his fire-fighting duties with the Bli Bli brigade, taking on responsibility for the maintenance and cleaning of the station and equipment in his role as Equipment Officer.

Long after other volunteer fireys headed home after a long shift on the frontline, Kevin would remain at the station, making sure everything was properly cleaned and ready to go for the next call out.

While Kevin decided it was time to step down from his committee role last week, he remains an active and much-loved member of the Brigade. "Kevin is the epitome of the spirit that is shared by all our volunteer rural firefighters – always ready to give 100% in an effort to help others, and keep our community safe," Mr Purdie said.

"Rural Fire Service Week is an important opportunity to say thank you to all these dedicated men and women throughout our region who give up their free time to serve the wider community."

First Officer Nigel Kemp said Kevin's committee role would be hard to replace due to the incredible effort he has put in over the years.

"His passion for the brigade is second to none. His replacement will surely have big shoes to fill, but I'm sure his partner Nancy will enjoy having him home some more."





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An Independent Public School School Road, Bli Bli Qld 4560

P· 07 54582 111

F: 07 5458 2100

www.blibliss.eq.edu.au



MISSION STATEMENT

Bli Bli State School inspires children to confidently contribute to our dynamic world through strong foundations of commitment, creativity, character and community.



A MESSAGE FROM THE PRINCIPAL

Bli Bli State School continues to shine in our community. Within five weeks of Term 3, we have already seen students:

- ✓ Represent our school and community at district, regional and state sports events
- ✓ Represent our school and community at the eisteddfod, and perform at a number of events
- ✓ Participate in junior sports and games day
- ✓ Participate in a free dress day to raise funds for the Cancer Council
- ✓ Attend a hugely successful '80's themed school disco hosted by our very proactive Parents and Citizens Association

We are also continuing our journey of growth, with a strong focus on '21st century schooling for our 21st century learners'. Our pillars to support this exciting journey are:

- 21st Century Curriculum
- Digital Futures
- · Literacy and Numeracy in Focus
- Diversity everyone belongs
- Positive Culture 4 Learning

On top of all this, our staff and students continue to work hard within our classrooms, with quality teaching and learning at the forefront of every day.

Bli Bli State School is proud to play a strong role in our amazing community, and welcome all to visit, and participate in our journey of excellence in education.



Monique Pfingst Principal

At our school, we aspire to empower all to be innovative, creative

and transformative, in the ever-evolving digital landscape. Our digital

space will be focussed on positive learning opportunities through a



collaborative, safe and balanced approach. (Bli Bli State School, Digital Futures Vision)

to be creators of content and proficient users of both iPads and computers. With the purchasing of new devices, our bandwidth upgraded and the enthusiastic and creative minds of our staff and students, the digital future is bright at Bli Bli! So far this term, we have our prep students creating digital maps, Year 1 and 2 are becoming Microsoft Word Masters, Year 3 students are coding a Quiz Game, Year 4/5 students have made a Commonwealth Games maze game, Year 5's are working on a Stop Motion project and Year 6's are learning to present data and create infographics.

the largest robotics competition in the Southern Hemisphere. After coming runner's up in the Robot Sumo competition, the teams are already planning

Lego Masters Competition, Minecraft Glass Building, Groovy Glasses Dress At Bli Bli, we are preparing our students for the future. Our goal is for students up and Bli Bli Earth Hour are just some of the activities we have planned to celebrate Science Week. Be sure to check out our Facebook page for photos





Bli Bli State School has a proud history of offering unique opportunities to its students in the area of music. The BEATS Music Excellence Program is specifically designed to support and foster the development of young musicians on a holistic level so that not only are students achieving excellence in Music, but their leadership, citizenship and interpersonal skills are also developed. Music improves students' team skills and self esteem and helps their progress in other important leaning. Music builds imagination and intellectual interests. Music improves self confidence. Music helps other subject areas as it helps develop critical thinking, explores other cultures and expands vocab.

Bli Bli BEATS provides opportunities for students to develop as musicians through focused classes, workshops, lessons and ensemble work led by expert Music Excellence Teachers.

OPPORTUNITIES INCLUDE:

Choir, Small Vocal Groups, Instrumental Music (including String Ensemble or Concert Band), Guitar and Rock Band. Bli Bli holds a bi-annual musical for students in Years 3 – 6. Our musical is written by staff and students. Students participate either on stage in acting, singing, dancing or chorus roles, or they can be involved backstage with prop design and media.







BLI BLI SCHOOL TOUR

EXPERIENCE WHAT BLI BLI STATE SCHOOL HAS TO OFFER YOUR CHILDREN ON A TOUR OF OUR GREAT SCHOOL.

If you are considering enrolling at Bli Bli State School, we encourage you to visit the school for one of our regular school

After your campus tour you are welcome to stay and chat with our staff. All tours commence from the administration building of the school

TOUR DATES

- 9.15am Tuesday 6th September
- 9.15am Friday 14th October
- 5.30pm Thursday 27th October 9.15am Friday 25th November



ENROLLING AT BLI BLI STATE SCHOOL

Learn and play in our friendly school community

We provide a nurturing and supportive environment for your children where their individual needs are respected and personalised learning approaches allow for each child to have the opportunity to reach their full potential.

Parents wishing to enrol at Bli Bli State School will need to demonstrate that the student's principal place of residence is within the schools catchment area, or submit an Expression of Interest to enrol This form can be found on our website.



Please check out our website for details on applying for enrolment at Bli Bli State School. www.blibliss.eq.edu.au

THE RIGHT CHOICE FOR PREP IN 2023... ENROL AT BLI BLI STATE SCHOOL

- If you live within the Bli Bli State School catchment you will always be welcome to enrol. No more hoops to jump through!
- Enrolment packs are available NOW copies are available at your kindy or from our school office.
- · Book into a School Tour.
- · Book into our Prep orientation days and interviews which start October 17. These are a very important part of your enrolment.
- · If your child has specialised needs, contact us so we can work even more closely with your kindy.

We look forward to your family joining our school community.



"LIKE" us on

ENROLMENT ENQUIRY EMAIL enrol@blibliss.eq.edu.au

Book the family on a



Book your child in for orientation:



Book your enrolment interview:



Stay up to date with our school and follow our Facebook page - 'Bli Bli State School' Facebook



Family Friendly Fun

AT MAROOCHY RIVER GOLF CLUB

There's nothing better than sitting down for a great meal with family and friends, watching the sunset. The new terraced deck at Maroochy River Golf Club is the place to be, either after golf or having a relaxing meal in a family friendly atmosphere. It is great to see and hear of so many locals utilising the area with expansive views to Mount Coolum. This completes renovations to the Cane Cutters Bar & Bistro, where families can come and enjoy the club facilities in a superb environment.

Bli Bli and nearby residents may have seen extra activity happening at the Maroochy River Golf Club since the big wet hit us. The club suffered some flooding on the golf course but our expert ground staff and volunteers were able to get the course back in tip top shape very quickly.

CANE CUTTERS BAR & BISTRO

If you are thinking of having a party, (and we are currently catering for every type of party - children's & adult birthdays, special occasions, work parties), the Cane Cutters Catering crew can offer all sorts of options for you. Menus are on the website.

Families, as well as people of all ages, love coming out in the fresh air, sharing some value time, having some drinks, staying for a pizza or snack.

The Friday night raffles are proving very popular, with raffle prizes up for grabs from 7pm. These include, meat trays, breakfast trays, food and beverage vouchers and mini golf vouchers. After the raffles, the membership draw starts, where members who are present, have the chance to win up to \$8,000. The Courtesy Bus also runs on Fridays from 5pm to bring patrons to and from the club.

With easy parking the Cane Cutters Bar & Bistro is open every day for mouth-watering lunches and dinner with a great menu!

MINI GOLF

Thousands of guests at the Maroochy River Mini Golf course (adjacent to the Clubhouse), have been swarming in to play 18 holes of mini golf with specially designed putters and balls. The guests have been enjoying the Cane Cutters Bar & Bistro facilities and taking in the great views of the golf course to the North, with Mount Coolum on the horizon, as the sunset's glistens across the water in a friendly family atmosphere, standing around the wine barrels on the shaded terrace.

For those who are still not sure what mini golf is, it is a supercharged version of the old 'putt putt' game but without clowns faces and

Maroochy River Golf Club - Spectacular views to Mount Coolum, overlooking the golf course.

animal obstacles etc... Instead, it has classy, landscaped humps & hollows, delightful water features and pretend sand traps. Overhead lighting for the evening players and great background music make the mini golf so much better! There are 18 holes with two challenge levels to choose from.... easy one for relaxed fun players and a harder one for players who are looking for a bit of a challenge.

Thursdays is Mini Golf Putt 'n Parmi for lunch or dinner. Get the family together or call on your mates, and let's play Mini Golf. Enjoy a beautiful meal at the Cane Cutters Bar & Bistro before or after you hit the course, all for only \$35.00 per person. Who doesn't love a good Parmigiana with family & friends for lunch or dinner? Here's what is included - 18 holes of Mini Golf, Chicken Parmigiana, Chips & Salad for Thursdays only.

The mini golf course is open from 9.00am every day until late. Game costs are just \$17 for adults, children \$12. A family of 4 is only \$45.00 7 days a week. A special Friday Family Pizza Deal is only \$70 and provides mini golf games for 2 adults and 2 children (extra children only \$5-max 2 extra), an 11 inch pizza, bowl of hot chips and jug of Schweppes soft drink! It's a great thing to do with the family before the raffles start.

There is also a fully developed grassed driving range open every day also evenings from Wednesdays, not to mention 18 holes of championship golf to be played as well. Bring your sticks, bring your family, it's all here at MRGC.

For table reservations or to book the Courtesy Bus call Reception on 5373 1000. Table bookings are recommended (particularly on Friday nights) so please email bookings@ maroochyrivergolfclub.com.au. For more information on club facilities, games or mini golf, go to maroochyrivergolfclub.com.au.

Bli Bli and nearby residents are always welcome (become a social member for just \$5) and receive club discounts at the Cane Cutters Bar & Bistro. Hope to see you soon....







P: 5448 4811

Level 3, Building 2, 310 David Low Way, Bli Bli reception@bliblidental.com.au

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- Constellation)

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 Military pocket watches
- No quartz / battery watches

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NZ, Great Britain, Fiii

· All Other World silver coin

Misc Silver Coins

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'ALL ABILITIES' SOCCER

THE BLI BLI UNITED FOOTBALL CLUB HAD THE PLEASURE OF HOSTING OUR FIRST 'ALL ABILITIES' GAME ON SATURDAY 30TH JULY.

Our Club had nine players attend to enjoy a fun, modified, slow paced style game for players of all abilities.

The Sunshine Coast Churches Soccer Association (SCCSA) launched their All Abilities program in April this year aimed at providing kids with disabilities the opportunity to participate in soccer.

SCCSA have held 8 rounds of All Abilities games this season being hosted across several of their clubs including, Pacific Lutheran, Coolum Crusaders, Nambour Wildcats and Buderim United.

The game is played in a friendly manner in two 15 minute halves and a nice break in the middle. Each player is encouraged to have a support person with them on the field to help facilitate play.

The Sunshine Coast Churches Soccer Association, has seen enormous benefits to these players who attend, both socially and physically, and look forward to the program growing and continuing in 2023.

Bli Bli United Football Club looks forward to hosting more games next year.

We encourage players to follow the Sunshine Coast Soccer Association Facebook page for further information and updates on game dates and times. Sunshine Coast Churches Soccer Association - Home | Facebook

Any questions regarding the content of the program please contact SCCSA All Abilities Program Manager – Trevor Picken, via email allabilities@sccsa.org.au or check their website Sunshine Coast Churches Soccer Association | SCCSA





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GOOD SAMARITAN CATHOLIC COLLEGE



THE ARTS

The Arts at Good Sams provides a fun and creative space for students to thrive through innovative and real-world experiences. Our programs are designed to develop skills and techniques across the arts and nurture and challenge the creative thinking skills of our students. Our programs include a diverse range of curricular and co-curricular opportunities in Dance, Drama, Media, Music, and Visual Art.

Highlights this year have included our Dance and Acrobatic Performance Teams success at the Sunshine Coast Dance Eisteddfod as well as the outstanding results of our Choirs and Instrumental ensembles at the Sunshine Coast Junior Eisteddfod. Visual Art students collaborated with local artists and galleries to explore landscape techniques and provide an insight into the creative process of a professional artist. Media students participated in a special effects workshop seeing them create all kinds of gruesome wounds and effects used in the film industry, and Drama students had the privilege of working alongside Queensland Theatre Company on a collaborative project in Brisbane.

Our up-coming Pulse Arts Festival on 15 September will be a showcase of the creativity of our College community, and we warmly welcome the wider community to come along and share in the celebration.



SCIENCE WEEK

National Science Week is a fantastic opportunity to celebrate the inclusive and engaging STEM learning opportunities at Good Samaritan Catholic College. Good Sams has curious minds which explore science-based learnings in diverse ways. This year our Prep to Year 10 students had a great time exploring the biology of microscopic wonders, chemical reactions, and density, and we had a great time at our family science event observing the physics of rockets!





















DESIGN & TECHNOLOGIES

The Design and Technologies curriculum at Good Samaritan Catholic College is a way for our students to become real world problem solvers by designing and creating solutions for clients. Students do this through a range of technologies including hand tools, low fidelity prototypes and rapid prototyping equipment such as laser cutting and 3D printing. Students also produce industry standard 3D models using a variety of CAD software. Our curriculum offerings have a variety of different pathways that cater for all students and their interests.



Good Samaritan has outstanding football academies, led by one of Queensland's finest coaches, Kevin A'Herne Evans. Each Friday morning, some of the Sunshine Coast's most talented junior players gather to extend their skills under Kevin's tutelage. The footballers work on technical mastery, elite game sense and high-level team tactics to grow their talents and perform at the highest junior level.

Every Friday afternoon, Kevin works with over 50 players developing their love of the game and game sense in the College's Development Academy. Our voungest students learn the game fundamentals and have a world of fun in different games.

Our football programs only happen with the fantastic support of All Coast Scaffolding, White's IGA Bli Bli, Ray White Bli Bli and Jetts. These wonderful community partners provide the equipment, uniforms, and extra personnel to ensure our footballers enjoy the best opportunities in football possible.





SENIOR SCHOOL

Good Samaritan Catholic College has recently grown to develop an outstanding Senior School. Our Year 11 and 12 program will see students learn in state-of-the-art facilities for all subjects – a comprehensive suite of courses across the range of QCAA General (ATAR) subjects, an inspiring array of higher-level Vocational certificates and high quality QCAA Applied subjects. Led by highly qualified and recognised excellent teachers, our students have the best opportunities to achieve highly and launch into successful futures.

We welcome prospective families interested in exploring these outstanding Senior Schooling opportunities to contact the College for more information. Through engaging with our excellent teaching, inspirational College Mission and state of the art facilities, Good Samaritan Catholic College provides senior students optimal opportunities to reach the successful future they are seeking.

2024 ENROLMENT TIMELINE

- February 2023 Open Days & Principal Tour
- Friday 24 February 2024 enrolment applications close
- March/April 2023 Enrolment interviews for Prep 2024 & Year 7 2024 commence
- End of April 2023 Enrolment offers made for 2024 placements in Prep and Year 7



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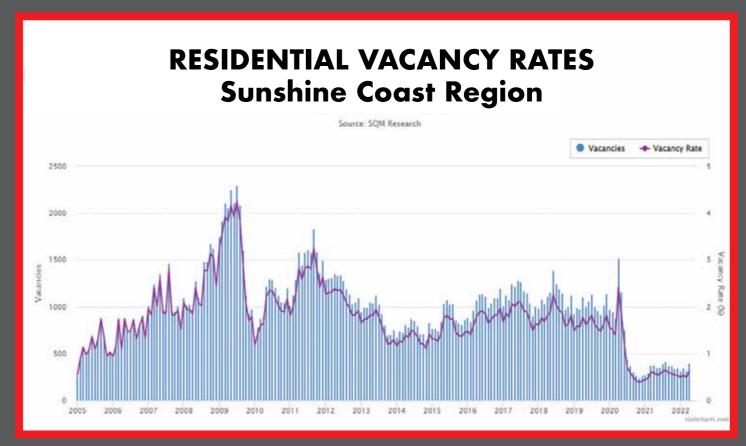
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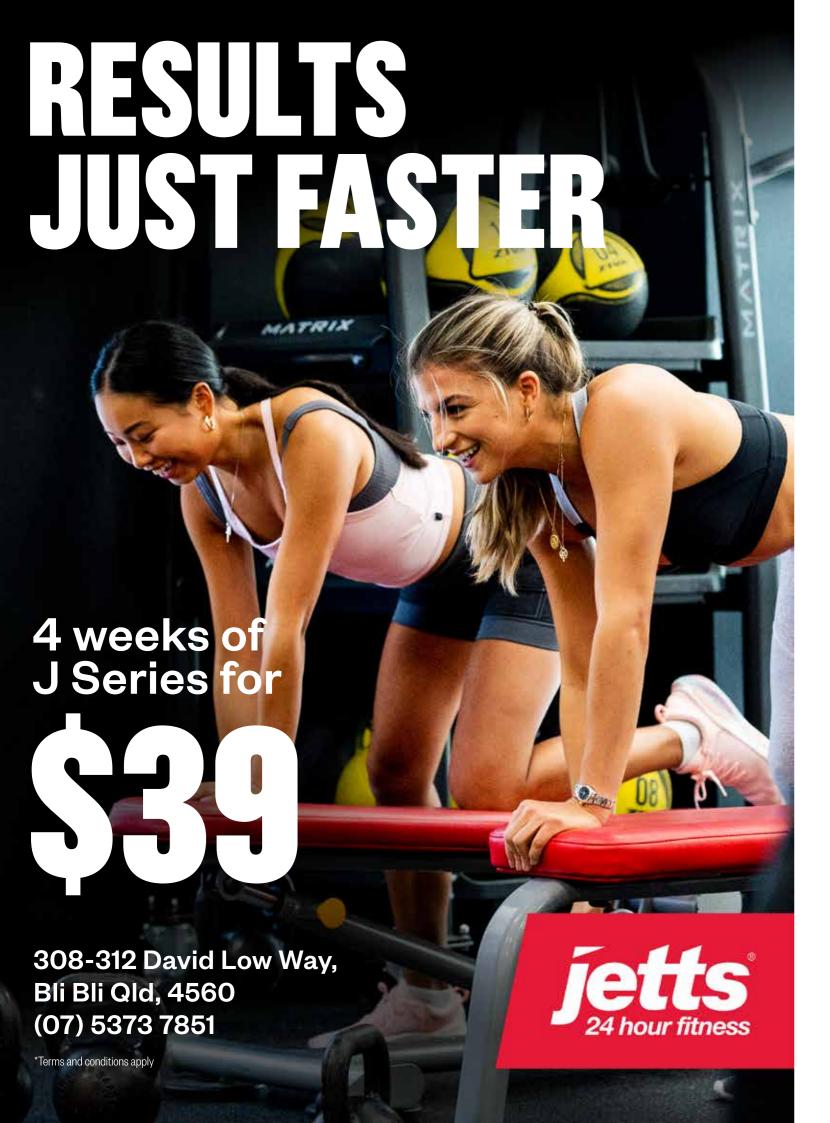


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"I HAVE BURSITIS!!!"

"I Have Bursitis!!!" This is a common statement people often make. What the heck is Bursitis? Well it is inflammation of the bursa. Bursae, are small, jelly-like sacs that are located throughout the body, including around the shoulder, elbow, hip, knee, and heel. They contain a small amount of fluid, and are positioned between bones and soft tissues, acting as cushions to help reduce friction. One very common area for bursa to become inflamed is the hip.

There are two major bursae in the hip that typically become irritated and inflamed. One bursa covers the bony point of the hip bone called the greater trochanter. Inflammation of this bursa is called trochanteric

Another bursa — the iliopsoas bursa — is located on the inside (groin side) of the hip. When this bursa becomes inflamed, the condition is also sometimes referred to as hip bursitis, but the pain is located in the groin area. This condition is not as common as trochanteric bursitis but is treated in a similar manner.

WHAT DOES IT FEEL LIKE?

The main symptom of trochanteric bursitis is pain at the point of the hip. The pain usually extends to the outside of the thigh area. In the early stages, the pain is usually described as sharp and intense. Later, the pain may become more of an ache and spread across a larger area

Typically, the pain is worse at night, when lying on the affected hip, and when getting up from a chair after being seated for a while. It also may get worse with prolonged walking, stair climbing, or squatting.

WHO IS AT RISK?

Hip bursitis can affect anyone, but it is more common in women and middle-aged or elderly people. It is less common in younger people

The following risk factors have been associated with the development

- Repetitive stress (overuse) injury. This can occur when running, stair climbing, bicycling, or standing for long periods of time.
- · Hip injury. An injury to the point of your hip can occur when you fall onto your hip, bump your hip, or lie on one side of your body for an extended period of time.

- Spine disease. This includes scoliosis, arthritis of the lumbar (lower) spine, and other spine problems that may affect the way you walk.
- Leg-length inequality. When one leg is significantly shorter than the other, it affects the way you walk, and can lead to irritation of a
- · Rheumatoid arthritis. This makes the bursa more likely to
- · Previous surgery. Surgery around the hip or prosthetic implants in the hip can irritate the bursa and cause bursitis.
- Bone spurs or calcium deposits. These can develop within the tendons that attach muscles to the trochanter. They can irritate the bursa and cause inflammation.

TREATMENT

The initial treatment for hip bursitis does not involve surgery. Many people with hip bursitis can experience relief with simple lifestyle changes, including:

- · Activity modification. Avoid the activities that worsen symptoms.
- · Nonsteroidal anti-inflammatory drugs (NSAIDs). Ibuprofen, naproxen, piroxicam, celecoxib, and others, may relieve pain and control inflammation. Use NSAIDs cautiously and for limited periods. Talk with your doctor about the NSAIDs you use. NSAIDs may have adverse side effects if you have certain medical conditions or take certain medications.
- Assistive devices. Use of a walking cane or crutches for a week ormore when needed.
- Manual therapy. Your therapist may prescribe exercises to stretchout the IT band and/or increase hip strength and flexibility. You maydo these exercises on your own, or a physical therapist may teach you how to stretch your hip muscles and use other treatments such as rolling therapy (massage), ice, heat, or ultrasound.

Speak to us today to find the underlying cause of your hip pain.

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NEW CLIENT SPECIAL \$59 initial consults

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Bli Bli Village Town Centre Level 3 (Tower 1) Suite 306





Toileting tips for NEW PUPPY PARENTS

PUPPIES LEARN QUICKLY, DEVELOPING BOTH GOOD AND BAD HABITS. SO IN THE EARLY DAYS LOTS OF SUPERVISION, CONSISTENCY AND PRAISE ARE KEY FACTORS FOR SUCCESS. ALONG WITH A LARGE AMOUNT OF PATIENCE.

Your puppy will want to receive acceptance from their new family, but they need your help to understand what acceptable behaviour is. And they'll be busy enjoying their new environment and having lots of new experiences, so they'll need reminding to go outside at regular intervals. Ideally, you'll be with your puppy a lot of the time in the early weeks so you can help them form good habits.

Restricting how much access they have to the house will make toilet training a much easier task. When you can't be with them confine them to a small area and use puppy pads to protect the floor.

It's important to always reinforce good behaviour positively, and never punish your puppy for getting it wrong. You'll learn to recognise when they need to go - look for them circling, looking restless or squatting. Give it at least a month of error-free toileting before you let them go it alone.

Choose a spot for your puppy to do their business and stick to it. You'll need to take them to this spot every few hours to start - after playing, sleeping, eating and drinking. Take them to their designated spot and wait quietly - try not to distract them from the reason they are there. This may take a while at first. When they successfully wee (or poop) say your chosen command (such as 'hurry up' or 'quick quick') and give them heaps of praise. You'll soon be able to use this command to prompt the desired result.

Never, ever punish your puppy for going inside - clean up and move on. If you punish your pup, they can become scared to go in your presence and may sneak off to another room. Try to be more vigilant and help them get to their spot in time. Setting reminders and keeping a record of their progress will allow everyone in the household to contribute to the training.

BE PATIENT - THEIR LITTLE BLADDERS WILL GROW AND THEY'LL LEARN TO RECOGNISE WHEN THEY'RE FULL. WITH CONSISTENT TRAINING IN THE EARLY DAYS YOU'LL SOON HAVE A HOUSE-TRAINED PUPPY.

Be patient - their little bladders will grow and they'll learn to recognise when they're full. With consistent training in the early days you'll soon have a house-trained puppy. However, if problems continue to exist despite all your efforts, or you are feeling frustrated, it is time to speak to your Vet. There may be an underlying issue that needs to be addressed. Your Vet will also be able to recommend an experienced dog trainer to address this and any other problem

Enjoy your new friend.

RESTRICTING HOW MUCH ACCESS THEY HAVE TO THE HOUSE WILL MAKE TOILET TRAINING A MUCH EASIER TASK. WHEN YOU CAN'T BE WITH THEM CONFINE THEM TO A SMALL AREA AND USE PUPPY PADS TO PROTECT THE FLOOR.





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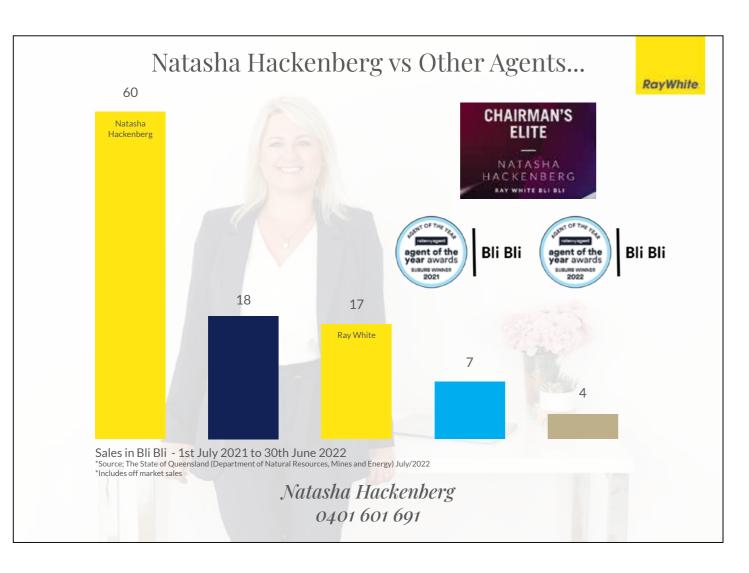


Nelcome to our

Bush Tucker

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Tennis Coaching AT BLI BLI

My name is Ryan and thanks to the Bli Bli Tennis Club committee, I have recently been approved to provide tennis coaching at their peaceful, 2 court club on Lefoes Rd. With Bli Bli State School a few minutes walk away and Good Samaritan a short drive, I feel it's the perfect location to offer tennis coaching to those interested in learning the game. I'm an ex professional player and have been coaching for in excess of 15 yrs. I love to teach, if I wasn't on a tennis court then I would be in a classroom!

I hope to combine enjoyment with quality coaching and although the kids (5-17yrs old) old are my main cliental, all demographics are welcome. Private and small group lessons are available on Tuesday, Friday and Sunday afternoons in Term 3. Group lessons are \$20/hr with private lessons \$60/hr. Looking forward to growing tennis participation in Bli Bli, already myself and my young family (and dogs) have felt really welcome here and we appreciate that. See you on the court soon.

BLI BLI TENNIS CLUB - 55 LEFOES RD TENNIS COACHING – NEWLY AVAILABLE TUESDAY, FRIDAY, SUNDAY AFTERNOONS SMALL GROUP AND PRIVATE LESSONS

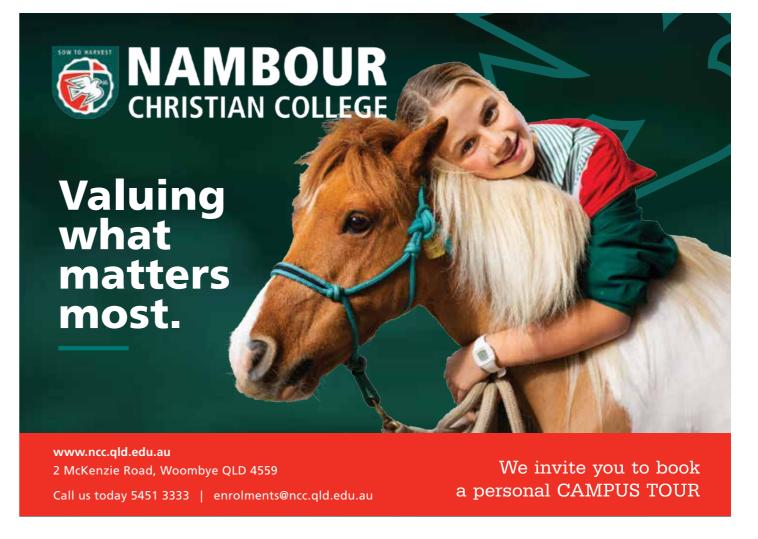
AGES 5+

PRICES FROM: \$20/hr FOR GROUPS \$60/hr FOR PRIVATES

CONTACT RYAN - 0403 736 774







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A short history of THE MAROOCHY WETLANDS

- INSTALMENT 1

The slogan was "To take a walk on the wild side".

Aims of the Management Group:

(a) to preserve the natural environment,

(b) to provide a focus for local history,

(c) to provide an outlet for environmental education.

Selected in 1882 by Samuel Downie, the land was forfeited and reselected as portions 327v and 328v by W.J. Wright and A.A. Petrie in 1902 and 1910 respectively. In 1903 it was a coffee plantation of 700 trees, this was a major failure and eventually was used mainly for grazing and later became part of a cane farm.

A road was built in 1912, to the river through the sanctuary (officially Webley

Road but to the locals The Punt Road) to ferry goods and people through to Mudjimba and Pacific Paradise by punt, over the river. This was used regularly until the David Low Bridge opened to traffic in 1959.

Urban developers had acquired land in 1974 from McBride's store (now the car wash) and the land that lay between Petrie's Creek and Stoney Wharf. They all had plans for canaltype developments. Most were not approved by Council so other developers let their applications lapse in principle.

Marina Gardens, 108 hectares of mangrove swamp bordering the river, was granted approval in principle. The refusal of the council to grant permission was overridden by the State Government who for some unknown reason gave approval for the development in 1976.

The public raised an outcry which was supported by the State Member of Parliament, Gordon Simpson and the Moreton Region Cane Growers Association. The Council then decided that the proposal was not in the best interests of the area. The developer, Frank Wilkie took the Council to the Local Government Court which ruled in his favour.

Many now considered it was a lost cause and the development would go ahead. Enter the Sunshine Coast Branch of the Littoral Society led by Jim Cash and Julie Johnson who saw the development as a threat to one of the remaining remnants of the saline wetlands.

In 1978 the State Government was approached by the Society that the land be purchased by the State Government, but Russ Hinze, Minister for Lands, refused to discuss the proposal. Wilkie who had not paid a headworks charge of \$870,00 to the Council put the land up for auction.

In 1980 the auctioneers, Ray White, cancelled the sale because of problems arising from the advertising. A second attempt was made to auction the site, but the land was passed in.

The debate against it lasted for many years until eventually Jim Cash, who was opposed to any development on the river banks, became a Maroochy Shire Councilor, and was able to convince the Council to buy the land for conservation and recreational purposes in 1983.

Representations were made to the Council to have the area set aside as a reserve for educational and passive recreational use. Various State Government Departments were invited to contribute \$70,000 each to become joint trustees, after two years consideration this was declined.

The Council then decided to go ahead without outside help. Instead of houses along the riverbank, the establishment of The Maroochy Wetlands ensured the area remained untouched by urban development.

It was decided to open the wetlands to the general public to become involved in the formation of the land and its long-term use.

A notice was placed in the public notices of the local paper inviting interested parties to attend a meeting at the fledging beginnings to see how much interest was shown. Thus began the beginning of the wetlands.



The cane barracks moved on site to be used as information centre.



View of the garden we planted in pouring rain.

The barracks are taking shape.

The beginning to the first boardwalk constructed by volunteers down into the wetlands.

BLI BLI ON MAROOCHY HISTORICAL SOCIETY INC.

Organisation No. IA 18938

Here Today ... to Collect, Preserve and Promote Local History



The School Residence was built in 1920 and is the oldest public building in Bli Bli.

Meet us at the "Former Bli Bli School Residence" 94 Willis Road, Bli Bli 2nd, 3rd, 4th and 5th Monday February to December from 9.30am to 12.30pm Other times are by appointment with President Ailsa Watson 0408 544 845 / 5448 4848

All Historical Society members, guests, researchers and the public are also welcome to join us on the 1st Monday of each month in the old Church Hall located at 89 Willis Road, Bli Bli from 9.30 a.m. Refreshments provided.



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Sunday Worship Services: 9am

Morning Tea: 10.00am

Holy Communion - 1st Sunday of Month

Everyone is warmly welcomed. Visitors are always welcome

Café Lilac - Ladies Coffee Morning - 3rd Tuesday of month

Mens Breakfast - BBQ Breakfast at Park & Co, Parklakes 2 -

2nd Saturday of month at 8.30am

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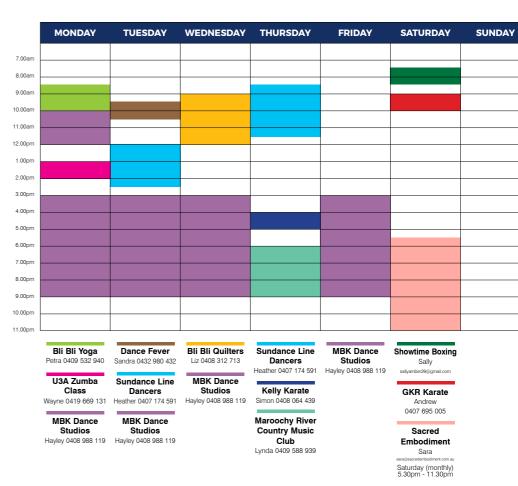




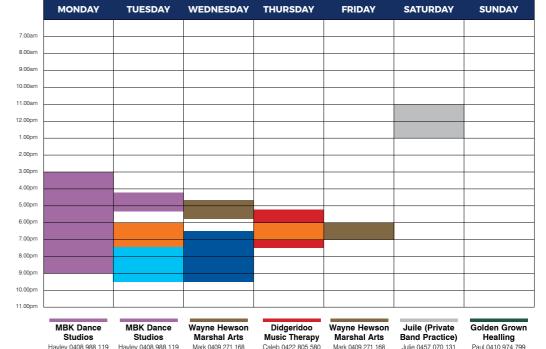
WHAT IS ON IN THE OLD HALL AND THE OLD CHURCH?

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OLD CHURCH



Trudi Yoga

Trudi Yoga

Bli Bli Community Association Church

of United

All information is correct at the time of printing

and Sundays

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OUR LAST 12 MONTHS IN REVIEW

158 properties sold

316 families assisted

837 offers received \$672mil received in offers over 12 months







"By far this has been our busiest and most successful year ever. We are always humbled by the community support we receive, and we will continue to support our local community and surrounding areas clubs, schools and committies - Bli Bli United Football Club, Bli Bli Little Athletics, Bli Bli Community Association, Bli Bli State School, Good Samaritan Catholic College, Blue Care and Sunshine Coast Wishlist."

- Ed Hackenberg, Principal

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